



# Pacific Crest Trail Association Mount Hood Chapter Emergency Action Plan (EAP)



## IN THE EVENT OF AN EMERGENCY, FOLLOW THESE STEPS:

1. **Initiate Care** for patient - **First Aid Lead**
  - a. Write medical or SOAP notes.
  - b. Get patient's emergency contact info from Crew Leader (Sign-up sheet).
2. **Call 911 or Dispatcher** if needed - **Communications Lead** (*Refer to the TCP*)
  - a. Relay pertinent medical or SOAP notes written by the First Aid Lead.
  - b. Do not use the injured person's name over the radio.
3. **Evacuate if Necessary**, send emergency contact information and medical or SOAP note with patient.
4. **Get Emergency Treatment** by a medical provider, if needed.
  - a. Inform agency authorities first, if possible. (Refer to the TCP)
  - b. All injuries should be treated on the date of the accident or as soon as possible
  - c. Will injured use personal insurance or must provider accept FECA (federal employee compensation) claims?
  - d. Go to the closest appropriate source of emergency care. (Refer to the TCP or list below)
    - Clackamas (24hr) - Kaiser Sunnyside Medical Center, 10180 SE Sunnyside Rd., Clackamas OR, 97015, 503-652-2880 (FECA)
    - Gresham - Legacy-GoHealth Urgent Care, 22262 NE Glisan St., Gresham OR, 97030, 503-666-5050
    - Gresham (24hr) - Legacy Mount Hood Medical Center, 24800 SE Stark St., Gresham OR, 97030, 503-674-1122 (FECA)
    - Hood River (24hr) - Providence Hood River Memorial Hospital, 810 12th St., Hood River OR, 97031, 541-386-3911 (FECA)
    - Morton (24hr) - Morton General Hospital, 521 Adams Ave., Morton WA, 98356, 360-496-5112 (FECA)
    - Oregon City (24hr) - Providence Willamette Falls Medical Center, 1500 Division St., Oregon City OR, 97045, 503-656-1631 (FECA)
    - Portland (24hr) - Providence Medical Center, 4805 NE Glisan St., Portland OR, 97213, 503-215-1111 (FECA)
    - Salem (24hr) - Salem Hospital, 890 Oak St. SE, Salem OR, 97301, 503-561-5200 (FECA)
    - Sandy - Adventist Health Urgent Care, 17055 Ruben Ln., Sandy OR, 97055, 503-668-8002
    - Vancouver (24hr) - PeaceHealth Southwest Medical Center, 400 NE Mother Joseph Pl., Vancouver WA, 98664, 360-514-2000 (FECA)
    - White Salmon (24hr) - Skyline Hospital, 211 Skyline Dr., White Salmon WA, 98672, 509-493-1101 (FECA)
5. **Report Injury** to Agency Authorities and PCTA
  - a. Even if you do not seek treatment
  - b. In non-emergency situations, notification occurs before formal medical care is sought.
  - c. Agency and PCTA contacts are listed on TCP
6. **Notify Emergency Contact** for injured person as listed on the Volunteer Sign-up sheet.
7. **Documentation**.
  - a. At a minimum, a form CA-1 (Report of Injury) should be completed by the injured party for all injuries (even if medical treatment is not sought);
  - b. Witness statements should be included.
  - c. All injuries should be reported within 24 hours of occurrence.
8. As you seek treatment, you may request to have your medical costs compensated by the U.S. Government due to your status as a volunteer under FECA. This compensation coverage is through the U.S. Department of Labor, Office of Worker's Compensation Programs (OWCP). This is federal, not state, OWCP. **It is not considered to be "insurance."**

*See: PCTA Volunteer Injury Instructions for more details*