



Pacific Crest Trail Association Mount Hood Chapter Trailhead Communications Plan (TCP)



Project Information

Crew Leader Name:		Date/Time In Service:	
Crew Leader Cell #:		Date/Time Out of Service:	
Crew Size:		Planned Trailwork:	
Project Notes:			

Project Location

Forest:	Mount Hood NF	Name of Trailhead:	Indian Springs Campground
Ranger District:	Hood River Ranger District	Road and Milepost:	Rd 660 2.5 miles
County and State:	Hood River, OR	GPS Coordinates:	N 45° 33' 25.08"
Nearest Town/City:	Hood River, OR		W 121° 49' 36.00"
Nearest Intersection:	FS660, FS669	Township/Range/Section:	T1N, R8E, S21

Closest Emergency Care

Nearest Hospital:	Providence Hood River Memorial Hospital	Hospital Phone:	541-386-3911
Hospital Address:	810 12th St., Hood River, OR 97031	Distance from Trailhead:	28.8 miles

Driving directions to Hospital from trailhead:

Head east on FS660 and then FS1310 for 9 mi. Left on FS13 for 4.3 mi. Left on Lost Lake Rd for 2.9 mi. Turn left onto Imai Rd for 0.5 mi, Take the 1st right to stay on Imai Rd, for 0.2 mi, Continue straight 1.3 mi, Turn right at Punchbowl Rd, for 0.2 mi, Slight left onto OR-281 N/Dee Hwy for 5.9 mi Turn right to stay on OR-281 N/Dee Hwy & Continue to follow OR 281 N for 2.4 mi. Turn right onto OR 281 N/Tucker Rd for 0.8 mi. Turn left to stay on OR 281 N/Tucker Rd

Contact Information

Columbia Dispatch:	wacc@firenet.gov, 360-891-5140 (voice), 360-891-5145 (fax)		
Alternate Dispatch:			
USFS (Business Hours):	Claire Fernandes, 541-352-1248		
County Sheriff:	Hood River: 541-386-2098	Fire and Rescue:	541-386-3939
PCTA, Mt Hood Chair (After Hours):	Leif Hovin, 503-245-3822		
PCTA, Regional Rep (After Hours):	Jeanine Russell, 970-317-4000		
PCTA, Dir Trail Ops (After Hours):	Jen Tripp, 916-285-1853 (work), 916-243-9923 (cell)		

Emergency Action Plan Roles (delegate at trail head, in case of emergency)

Situation Mgr (crew ldr):		Alternate Situation Mgr:	
First Aid Lead:		Communications Lead:	
carries first aid kit, initiates patient care, takes notes		carries radio, calls for assistance if required	

Radio Instructions

Use cell phone if service is available, otherwise: - Stand in a clear location, hold the radio upright - Check radio for correct channel or repeater - Key and hold the mic, wait for 2 seconds, then speak - Try at least 3 times, at least a minute apart - If needed, move location and change channels	Cell reception:	Limited
	Radio channel (repeater):	INDIAN E, MH DEFNC
	Radio reception:	
<i>Script Example: Columbia, this is <your name> on Hood Indian East.</i>		

Radio Alphabet: Alpha, Bravo, Charlie, Delta, Echo, Foxtrot, Golf, Hotel, India, Juliet, Kilo, Lima, Mike, November, Oscar, Papa, Quebec, Romeo, Sierra, Tango, Uniform, Victor, Whiskey, X-Ray, Yankee, Zulu

Send to Dispatch, Agency Contact and PCTA Staff. Print three copies of this sheet:

1-Communications Lead. 2-First Aid Lead to send with patient, 3-Crew Leader.

December 2017



Pacific Crest Trail Association Mount Hood Chapter Emergency Action Plan (EAP)



IN THE EVENT OF AN EMERGENCY, FOLLOW THESE STEPS:

1. **Initiate Care** for patient - **First Aid Lead**
 - a. Write medical or SOAP notes.
 - b. Get patient's emergency contact info from Crew Leader (Sign-up sheet).
2. **Call 911 or Dispatcher** if needed - **Communications Lead** (*Refer to the TCP*)
 - a. Relay pertinent medical or SOAP notes written by the First Aid Lead.
 - b. Do not use the injured person's name over the radio.
3. **Evacuate if Necessary**, send emergency contact information and medical or SOAP note with patient.
4. **Get Emergency Treatment** by a medical provider, if needed.
 - a. Inform agency authorities first, if possible. (Refer to the TCP)
 - b. All injuries should be treated on the date of the accident or as soon as possible
 - c. Will injured use personal insurance or must provider accept FECA (federal employee compensation) claims?
 - d. Go to the closest appropriate source of emergency care. (Refer to the TCP or list below)
 - Clackamas (24hr) - Kaiser Sunnyside Medical Center, 10180 SE Sunnyside Rd., Clackamas OR, 97015, 503-652-2880 (FECA)
 - Gresham - Legacy-GoHealth Urgent Care, 22262 NE Glisan St., Gresham OR, 97030, 503-666-5050
 - Gresham (24hr) - Legacy Mount Hood Medical Center, 24800 SE Stark St., Gresham OR, 97030, 503-674-1122 (FECA)
 - Hood River (24hr) - Providence Hood River Memorial Hospital, 810 12th St., Hood River OR, 97031, 541-386-3911 (FECA)
 - Morton (24hr) - Morton General Hospital, 521 Adams Ave., Morton WA, 98356, 360-496-5112 (FECA)
 - Oregon City (24hr) - Providence Willamette Falls Medical Center, 1500 Division St., Oregon City OR, 97045, 503-656-1631 (FECA)
 - Portland (24hr) - Providence Medical Center, 4805 NE Glisan St., Portland OR, 97213, 503-215-1111 (FECA)
 - Salem (24hr) - Salem Hospital, 890 Oak St. SE, Salem OR, 97301, 503-561-5200 (FECA)
 - Sandy - Adventist Health Urgent Care, 17055 Ruben Ln., Sandy OR, 97055, 503-668-8002
 - Vancouver (24hr) - PeaceHealth Southwest Medical Center, 400 NE Mother Joseph Pl., Vancouver WA, 98664, 360-514-2000 (FECA)
 - White Salmon (24hr) - Skyline Hospital, 211 Skyline Dr., White Salmon WA, 98672, 509-493-1101 (FECA)
5. **Report Injury** to Agency Authorities and PCTA
 - a. Even if you do not seek treatment
 - b. In non-emergency situations, notification occurs before formal medical care is sought.
 - c. Agency and PCTA contacts are listed on TCP
6. **Notify Emergency Contact** for injured person as listed on the Volunteer Sign-up sheet.
7. **Documentation**.
 - a. At a minimum, a form CA-1 (Report of Injury) should be completed by the injured party for all injuries (even if medical treatment is not sought);
 - b. Witness statements should be included.
 - c. All injuries should be reported within 24 hours of occurrence.
8. As you seek treatment, you may request to have your medical costs compensated by the U.S. Government due to your status as a volunteer under FECA. This compensation coverage is through the U.S. Department of Labor, Office of Worker's Compensation Programs (OWCP). This is federal, not state, OWCP. **It is not considered to be "insurance."**

See: PCTA Volunteer Injury Instructions for more details